

www.peoplefirstinfo.org.uk

Day centres, drop-in centres and hubs for older people in Kensington and Chelsea

This list is provided for your convenience. We have no reason to believe that these organisations do not provide a reliable, high-standard service but do check carefully what they offer, whether they are right for you, and how much they charge. Some are open all week but some only on certain days, so do contact them first before travelling.

For a wide choice of other activities for people of all ages and abilities check out the [People First Events calendar](#).

Updated May 2015.

KENSINGTON DAY CENTRE (FROM OCTAVIA HOUSING AND CARE)

(Day centre for older people. Attendance subject to assessment from Kensington and Chelsea Council).

24-28 Convent Gardens

Kensington Park Road

W11 1NJ

Phone: 020 7243 8629

NOTE: At May 2015 the day centre continues to be temporarily relocated to James Hill

House, 196-200 Kensal Rd, W10 5BS, Phone 020 7727 7337)

Email: tony.peters@octaviahousing.org.uk

Website: www.octaviasupport.org.uk/contact/our_scheme_locations/55_kensington_day_centre

NEW HORIZONS CENTRE

(Multi-activity centre for older people).

Guinness Trust Estate

Cadogan Street

SW3 2PF

Phone: 020 7590 8970

Website: <http://www.new-horizons-chelsea.org.uk/nh/>

PEPPER POT DAY CENTRE

(for people aged over 60 from the African, Caribbean & BME communities. Lunch served between 12.30 and 1.30pm. The centre also offers day services, meals-on-wheels, recreational activities and outings).

1A Thorpe Close

Ladbroke Grove

W10 5XL

Phone: 020 8968 6940

Email: info@pepperpotdaycentre.co.uk

Website: www.pepperpotcentre.org/

POSITIVE AGE CENTRE

(Support in finding employment opportunities for people over 50, Monday to Thursday 9.30 to 4.30)

Peabody Estate

Dalgarno Way

W10 5JN

Phone: 020 8960 4853

Website: <http://www.openage.org.uk/positive-age-employment-centre>

QUEST CENTRE (FROM OCTAVIA HOUSING AND CARE)

(Day centre for older people with dementia or mental health problems. Attendance subject to assessment from Kensington and Chelsea Council).

85 Clarendon Road

Phone: 020 8354 5500

Email: Yvonne.atkinson@octaviahousing.org.uk

Website; http://www.octaviasupport.org.uk/contact/our_scheme_locations/56_the_quest

ST. CHARLES' CENTRE FOR HEALTH AND WELLBEING

(Serves freshly prepared hot and cold lunch between 12 and 2:30pm, seven days a week. Meals cost between £3- £5. Roast meal served on Wednesdays.)

St. Charles' Centre for Health and Wellbeing

Exmoor Street

W10 6DZ

Phone: 020 8962 2488

ST CUTHBERT'S CENTRE

Day centre for people who are rough sleepers, homeless, marginalised, isolated, unemployed or have mental health or substance misuse problems. Meals served from 12.30 to 2.15pm.

The Philbeach Hall

51 Philbeach Gardens

SW5 9EB

Phone: 020 7835 1389

Email: dropin@stcuthbertscentre.org.uk

THE SALVATION ARMY

(Provides lunch between 12.30 and 1pm on Monday, Wednesday and Friday only for people aged over 50. Also offers Christian worship and games.)

11 Blantyre Street

World's End

SW10 0DT

Phone: 020 7352 7557

Email: chelsea@salvationarmy.org.uk

Salvation Army website: www.salvationarmy.org.uk

SECOND HALF CENTRE

(Drop-in centre with classes, activities and a café for older people)

St Charles Centre for Health and Wellbeing

Exmoor Street

W10 6DZ

Phone: 020 8962 5500

Email: info@thesecondhalfcentre.com

Website: <http://www.thesecondhalfcentre.com/>