



Monday 1st September 2025  
at The Hub, Regent's Park



Join us at our 3K fun event  
for people with learning disabilities  
"Stepping to the Beat"  
walk, jog or run, its up to you



There will be some games, too.



1:00

Registration 1.00pm



1:30

event starts at 1.30pm

Please wear your Stepping to the Beat t-shirt if you have one  
bring water and wear comfortable footwear.

Prize for the best homemade musical instrument