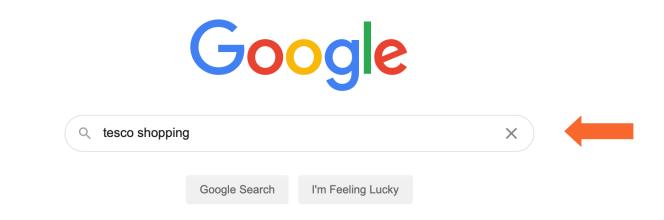
# How to Online Grocery Shop? A Guide for Beginners

#### What is Online Grocery Shopping?

- It is possible to buy your groceries online and have them delivered to your home
- This is really useful because:
  - You choose what you want to buy
  - They pick up the items
  - Payment is online
  - They bring it to you at a convenient time

STEP 1: Choose which supermarket you want to shop from e.g. Tesco, Sainsburys etc.

STEP 2: Search for your chosen supermarket in your web browser (e.g. search in Google)



#### What you will need

Internet connection (WiFi or Mobile data)

Computer / Laptop / Tablet / Mobile

✓ Credit card for payment

Loyalty card if you have one e.g. Tesco
Clubcard or Sainsburys Nectar card



#### **WARNING**

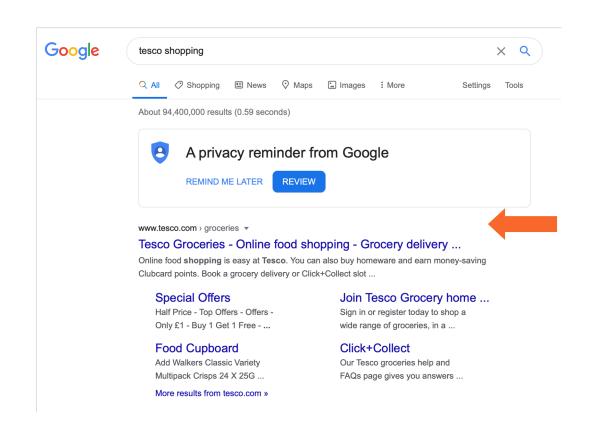
Unless you have unlimited access to the internet, make sure you have enough **data allowance** with your broadband or mobile monthly plan.

In doubt, check with your provider.

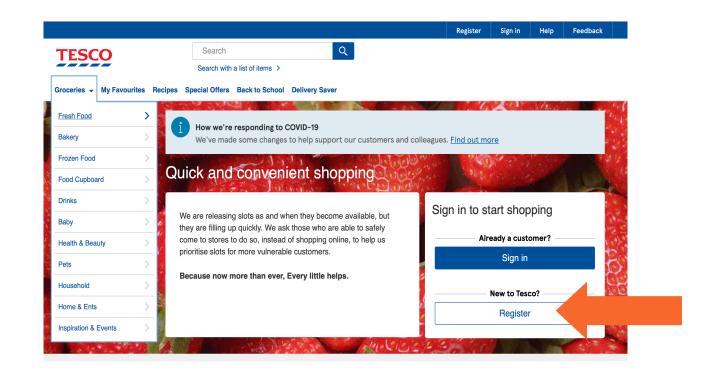
#### TIPS:

• If searching for Tesco, type "Tesco shopping" etc.

#### STEP 3: Click on the website to open it

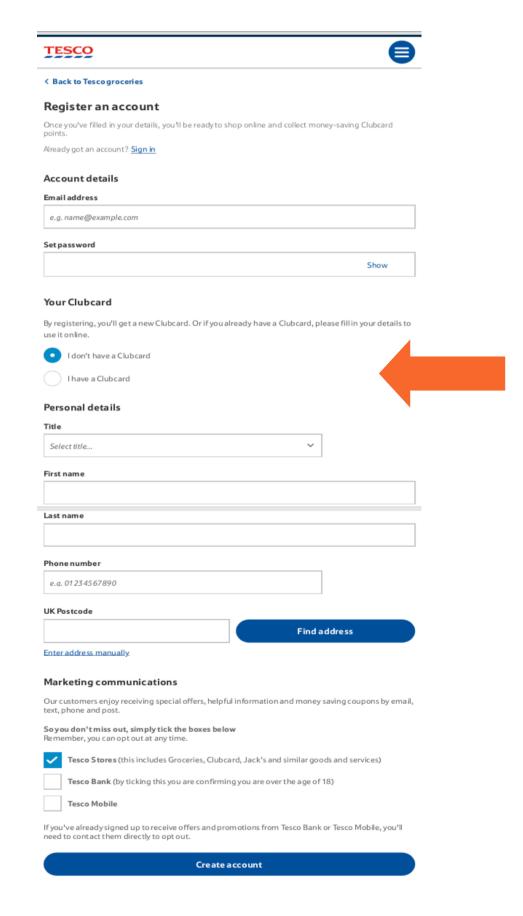


### STEP 4: If shopping online for the first time, you will need to register an account

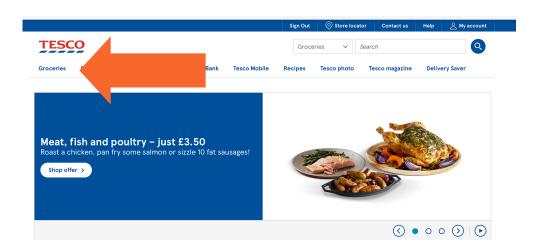


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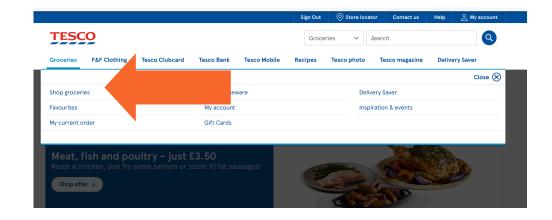
#### STEP 5: Fill in the form to register your online account



STEP 6: Click on the 'Groceries tab'

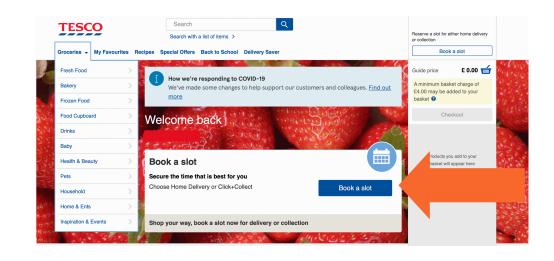


STEP 7: Click on 'Shop groceries'

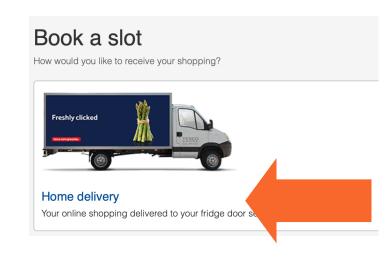


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STEP 8: Click on 'Book a slot'



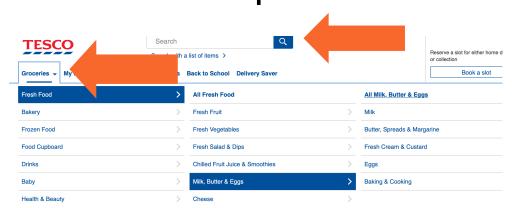
STEP 9: Click on 'Home delivery'



STEP 10: Choose a time for delivery

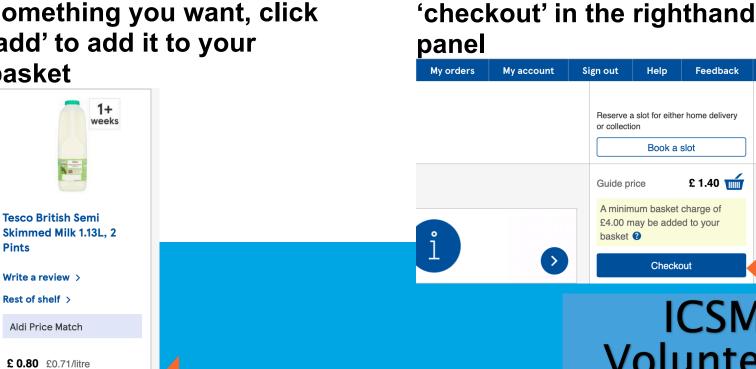
	TUE <b>22</b>	WED <b>23</b>	THU <b>24</b>	FRI <b>25</b>	SAT <b>26</b>	SUN <b>27</b>	MON <b>28</b>
08:00 - 09:00	£ 4.50	£ 4.50	Unavailable Collect?	Unavailable	Unavailable Collect?	Unavailable Collect?	£ 4.50
09:00 - 10:00	£ 4.50	£ 4.50	£ 4.50			vailable ollect?	£ 4.50
10:00 - 11:00	£ 4.50	£ 4.50	£ 4.50	Unavalue le Collect?	Unavailable Collect?	£ 4.50	£ 4.50
11:00 - 12:00	£ 4.50	£ 4.50	£ 4.50	£ 4.50	£ 4.50	£ 4.50	£ 4.50
12:00 - 13:00	£ 4.50	Unavailable Collect?	Unavailable Collect?	Unavailable Collect?	£ 4.50	£ 4.50	£ 4.50
13:00 - 14:00	£ 4.50	£ 4.50	£ 4.50	Unavailable	£ 4.50	£ 4.50	£ 4.50

STEP 11: Click the groceries tab to search by categories or type in the search bar at the top



STEP 12: Once you find something you want, click 'add' to add it to your basket

Add



STEP 13: When done, click

S. Basetti, S. Bukhari, K. Chhatwal, C. Cutinha,

A. Dayanamby, S. Gupta, G. Iacona, A. Israni, C. Oldfield, M. Panthula, R. Kurian Thomas, X. Ye, N. Zaman