

Visiting the Psychiatrist at Westminster Learning Disability Partnership (WLDP)



**A psychiatrist is a doctor who helps you to feel better when you have
a mental illness**



Psychiatrists can work



Just with
you



With you and
your family



With you and your
carers



With other
therapists



Psychiatrists can help you
↓



When you feel sad



When you feel frightened



When you forget things



When you are anxious



When you get angry with yourself
or with other people

Psychiatrists can treat you



At home



At a clinic



In a hospital



Psychiatrists talk to you about treatments that help



Tablets



Medicine



Injections



Counselling and talking therapy



To make you feel better

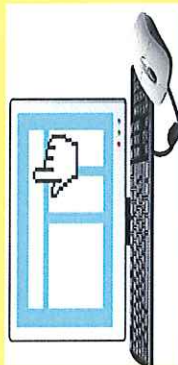


So that you can live a happy life

Telephone 020 7641 7411



www.peoplefirstinfo.org.uk/wldp



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