

TriBorough Learning Disability Service

We are open Monday to Friday, 9am to 5pm



We can help people who:

- ◆ **Have a Learning Disability**
- ◆ **Are 18 years or older, or moving from children's to Adult Services**
- ◆ **Have a GP in the London Boroughs of Hammersmith and Fulham, Kensington and Chelsea and Westminster**

Our team is made up of Clinical Psychologists, Community Nurses, Consultant Psychiatrists, Occupational Therapists, Office Workers, Physiotherapists, a Health Social Worker and Speech & Language Therapists.



If you have a health related concern regarding your learning disability, we are here to help .

You can refer yourself or ask someone refer you to us. They can be your family, friend, GP, social worker or other professional.

You can make a referral by contacting CLCH SPA. You can email them on clcht.spa@nhs.net.

Or you can call us on 020 8102 3889. We will make a referral with you.



We can help with: -

- **Making choices**
- **Being Healthy**
- **Mobility**
- **Visiting your doctor/other health professionals**
- **Eating and drinking safely**
- **Communication**
- **Be more independent**
- **Have a Health Action Plan**
- **Looking after yourself, e.g. your personal care**
- **Help you understand difficult feelings and feel better about yourself**
- **Help you to better understand your relationship with others**

We have 3 offices. Please only come to our office if you have an appointment. We may be out on visits.

- **Hammersmith & Fulham**

Parkview Centre for Health and Wellbeing, Cranston Court, 56 Bloemfontein Road London W12 7FG



BUS : 228, 283, 207

TUBE: White City, Shepherds Bush (Central Line)

Wood Lane, Shepherds Bush Market (Hammersmith & City Line, Circle Line)

- **Kensington & Chelsea**

1-9 St Mark's Road , London , W11 1RG



BUS: 7, 23, 70 , 228, 18, 28, 52, 228, 295, 316, 452

TUBE: Ladbroke Grove (Hammersmith & City, Circle Lines)

Notting Hill Gate (Central, Circle, District Lines)

- **Westminster**

215 Lisson Grove , London, NW8 8LW



BUS: 6,16,98,139,189

TUBE: Edgware Road (Bakerloo Line, District, Circle and Hammersmith and City)

☎ Telephone: 020 8102 3889

✉ Email: clcht.triboroughlearningdisabilities@nhs.net

🌐 Web: www.clch.nhs.uk