

DO YOU WANT TO GET SORTED?



City of Westminster



WHETHER YOU WISH TO DISCUSS A PARTICULAR ISSUE AROUND YOUR OWN DRUG OR ALCOHOL USE OR ARE TRYING TO HELP SOMEONE ELSE, KNOWING WHERE TO GET ADVICE, INFORMATION OR EVEN TREATMENT MAY BE A LITTLE BIT DAUNTING.

WHERE TO START? WHO TO TALK TO? WHICH SERVICE WILL BE BEST SUITED TO HELP YOU ACHIEVE WHAT YOU WANT?

This leaflet can help you find out about services available for Westminster residents and how to access them. Talk to your GP should you require more information or simply contact any agency listed in here. They are here to help and will provide you with an appointment or an address to drop into.

OVERDOSE EMERGENCY

Death from drug overdose can be prevented if certain steps are taken. For example, death from overdose will occur some three hours after heroin is injected which means there could be time to save life.

Action:

1. Check for life signs: call the person's name, give them a pinch.
2. If no response, check breathing and pulse.
3. Clear airways (mouth, nose).
4. If unconscious, place person in recovery position.
5. Dial 999.
6. Stay with the person.

24-HOUR CONFIDENTIAL ADVICE LINE

Telephone: 0800 072 1772

- Help to get the right treatment fast
- Advice, support and assessment
- Available for everyone who lives or stays in Westminster

RESIDENTS LIVING IN NORTH WESTMINSTER SHOULD ATTEND:

North Westminster Drug and Alcohol Service

Westminster Drug Project (WDP)
470-474 Harrow Road, W9 3RU
Telephone: 020 7266 6200
Website: www.wdp-drugs.org.uk

Free and Confidential

Advice, information and support for individuals, families and significant others.

- Office hours: Monday to Friday 10am – 6pm
- Open access: Monday to Friday 12 – 5pm; Wednesday 1 – 5pm; Saturday 12 – 5pm
- Substitute prescribing
- Community detox and access to inpatient detox
- One-to-one sessions and group work
- Specialist family and substance misuse practitioners
- Evening sessions by appointment
- Testing and treatment for HIV and Hepatitis A, B & C
- Sexual health advice
- Needle Exchange
- Mutual aid groups - SMART, AA, etc

You may be directed to an alternative site dependent on your needs but these are your first point of contact.

RESIDENTS LIVING IN SOUTH WESTMINSTER SHOULD ATTEND:

South Westminster Drug and Alcohol Service

Turning Point, 32A Wardour Street
W1D 6QR
Telephone: 020 7287 8743
Website: www.turning-point.co.uk

Free and Confidential

Advice, information and support for individuals, families and significant others.

- Office hours: Monday to Friday 10am – 6pm
- Open access: Monday to Friday 12 – 5pm; Wednesday 1 – 5pm; Saturday 12 – 5pm
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- Needle Exchange
- Mutual aid groups - SMART, AA, etc

ADVICE FOR YOUNG PEOPLE

Hungerford Young People's Drug and Alcohol Service

Information, advice and support for young people aged 18 and under and their parents and carers. Appointments available in a range of flexible venues.
Telephone: 020 7233 3553
Fax: 020 7287 1274

CARERS INFORMATION

Families Anonymous

For relatives and friends concerned about the use of drugs or related behavioural problems.
Helpline: 0845 1200 660
Web: www.famanon.org.uk

Adfam

Provides direct support to families through publications, training, and signposting to local support services.
Telephone: 020 7553 7640
Web: www.adfam.org.uk

Carers Network Westminster

CNW provides support, information and advice to carers in Westminster.
Telephone: 020 8960 3033
Web: www.carers.org/local/london/westminster

USEFUL CONTACTS

Alcoholics Anonymous

National helpline: 0845 769 7555
Web: www.alcoholics-anonymous.org.uk

Cocaine Anonymous

Telephone: 0800 612 0225
Web: www.cauk.org.uk

FRANK

For advice on drugs and alcohol.
National helpline: 0800 77 66 00
Web: www.talktofrank.com

Narcotics Anonymous

National: 0300 999 1212
Web: www.ukna.org

National Domestic Violence Helpline

Telephone: 0808 200 0247
Web: www.nationaldomesticviolencehelpline.org.uk

NHS Direct

For nurse advice and health information.
Telephone: 0845 4647
Web: www.nhsdirect.nhs.uk

Release

For advice and information on drugs and legal issues.
Telephone: 0845 450 0215
Web: www.release.org.uk

Samaritans

Samaritans provides confidential non-judgemental support, 24 hours a day for people experiencing feelings of distress or despair.
Telephone: 08457 90 90 90

Shelterline

24 hour urgent housing advice line.
Telephone: 0808 800 4444
Web: www.shelter.org.uk

DRUG & ALCOHOL SERVICES

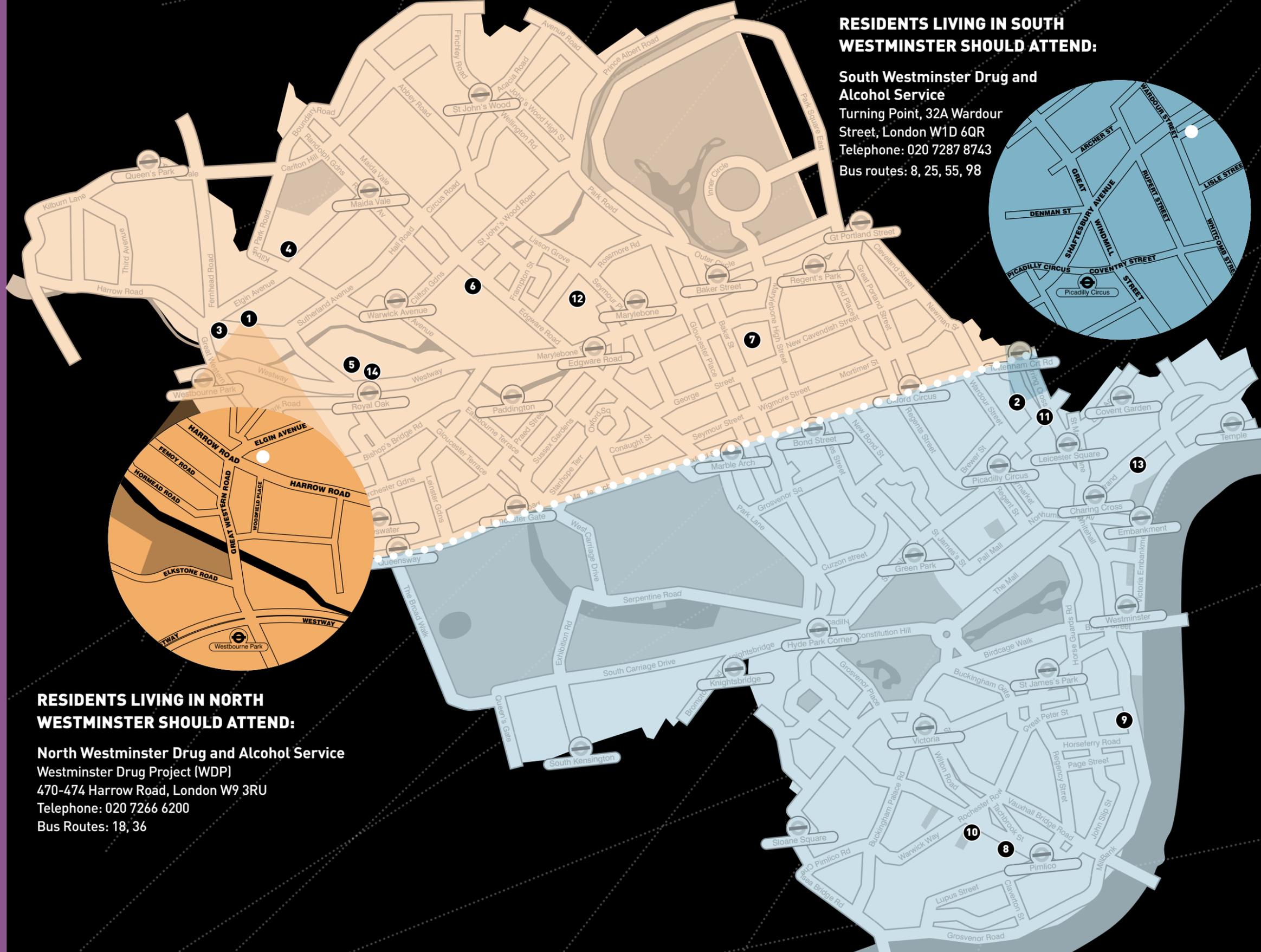
- 1 Westminster Drug Project (WDP)**
North Westminster Drug And Alcohol Service
470-474 Harrow Road, W9 3RU
Telephone: 020 7266 6200
- 2 Turning Point (TP)**
South Westminster Drug and Alcohol Service
32A Wardour Street, W1D 6QR
Telephone: 020 7287 8743

NEEDLE EXCHANGES - PHARMACIES

- 3 Benson**
276 Harrow Road, W2 5ES
Telephone: 020 7286 8738
- 4 Browns Chemist**
195 Shirland Road, W9 2EL
Telephone: 020 7286 0377
- 5 Colonnades Chemist**
30 Porchester Road, W2 6ES
Telephone: 020 7727 5713
- 6 Curie Chemist**
445 Edgware Road, W2 1TH
Telephone: 020 7262 4860
- 7 NVS Pharmacy**
46 Baker Street, W1U 7BR
Telephone: 020 7935 1120
- 8 Portmans Pharmacy**
93-95 Tachbrook Street, SW1V 2QA
Telephone: 020 7834 2816
- 9 Victoria Pharmacy**
58 Horseferry Road, SW1P 2AF
Telephone: 020 7222 5793
- 10 Warwick Pharmacy**
34-36 Warwick Way, SW1V 1RY
Telephone: 020 7834 4721
- 11 Watsons Pharmacy**
1 Frith Street, W1D 3HZ
Telephone: 020 7437 2270
- 12 Market Pharmacy**
85 Church Street, NW8 8EU
Telephone: 020 7723 1944
- 13 Superdrug**
49-50 Strand, WC2N 5LL
Telephone: 020 7930 2210
- 14 Sumer Pharmacy**
340 Harrow Road, W9V 2HP
Telephone: 020 7286 1514

RESIDENTS LIVING IN SOUTH WESTMINSTER SHOULD ATTEND:

South Westminster Drug and Alcohol Service
Turning Point, 32A Wardour Street, London W1D 6QR
Telephone: 020 7287 8743
Bus routes: 8, 25, 55, 98



RESIDENTS LIVING IN NORTH WESTMINSTER SHOULD ATTEND:

North Westminster Drug and Alcohol Service
Westminster Drug Project (WDP)
470-474 Harrow Road, London W9 3RU
Telephone: 020 7266 6200
Bus Routes: 18, 36

THIS GUIDE TO DRUG AND ALCOHOL SERVICES IN WESTMINSTER IS PRODUCED BY WESTMINSTER DRUG AND ALCOHOL TEAM (WDAAT).

www.westminster.gov.uk/daat



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