

## Information and Contact Details

# Contact Project Facilitator

Community Rehabilitation Services

Stroke Services

Worlds End Health Centre

529 Kings Road

Chelsea

SW10 0UD

Tel: 0207 349 3239

Fax: 0207 349 3240

Email: [KCRS.admin@nhs.net](mailto:KCRS.admin@nhs.net)

[www.clch.nhs.uk/strokeservices](http://www.clch.nhs.uk/strokeservices)

**Central London Community Healthcare NHS Trust**

7<sup>th</sup> floor

64 Victoria Street

London SW1E 6QP

Tel: 020 7798 1300

Fax: 020 7798 1301

[www.clch.nhs.uk](http://www.clch.nhs.uk)

Central London Community Healthcare   
NHS Trust

Barnet ■ Hammersmith and Fulham ■ Kensington and Chelsea ■ Westminster

## Community Rehabilitation Services

Kensington and Chelsea

### Peer Mentoring Scheme



## What is a stroke peer mentor?

- A volunteer
- Someone who has experienced a stroke
- Someone who can support a stroke survivor

## What would you do as a peer mentor?

- Visit your mentees weekly for up to 1 year  
(shorter periods can be considered)
- You will have up to 2 mentees
- Support mentees to adjust to life after stroke
- Encourage and share experiences

## Who will be your mentee's?

- Someone who has had a recent stroke
- Kensington and Chelsea resident

## What do we offer?

- CLCH volunteer training
- Access to Volunteer meetings
- Supervision
- Travel expenses

## How do you become a mentee?

- Complete an application form
- Contact Stroke services (see overleaf)

## Visits

- Visits will be between 9:00 – 17:00 Monday - Friday